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Warm winter musings

He mihi maioha ki a koutou katoa - Warm Greetings to you all - and yes I mean warm given we're in the throes of winter.

With winter also comes a rise in sickness which means our children's hospital wards are heaving and our care packages are more needed than ever. We've had a busy few months ensuring the hospital wards don't run out.

We've also been trialing new things. A couple of months ago, one of the children's ward charge nurses asked if we'd consider making some specialised dad's care packages as she saw a need to support the father figures who were the chief parent/caregiver in the ward with their sick child. In a lovely coincidence within the same week, a lovely father-of-three approached me to say how one of the nurses had modified one of our care packages for him during a difficult day when he was the sole parent in the ward with his child. He talked about how it made him feel and how grateful he was. This cemented our determination to try and create a range of regular care packages for the super-men in hospital with their tamariki too. Read on to see how they're going.

We've also been busy organising our upcoming fundraising gala. We are delighted to have philanthropist and businessman Sir Stephen Tindall as our guest speaker this year. Sir Stephen has been a supporter of One Mother to Another for the past few years and we are so grateful to him, Lady Margaret and The Tindall Foundation for their belief in our mahi. We still have a few tickets left to this event so please see below to find out how you can attend and spread the word. We'd love to have you there - gather a few friends together - we promise you great food, good company and a fun night out, all for a good cause.

Noho oro mai - Look after yourself

Joy

Joy Reid, Chief Executive & Co-Founder of One Mother to Another



Fundraising Gala Dinner

One Mother to Another is excited to welcome you to our 2023 Fundraising Gala Dinner “One Moment. One Story” featuring guest speaker, **Sir Stephen Tindall**. The event will be held at the Canterbury Club, Christchurch City on Friday 1st September.



The evening will start with cocktails and canapés followed by a three course dinner, a presentation by Sir Stephen Tindall and a live auction. There will also be a silent auction on the night with all proceeds going towards supporting One Mother to Another.

We have a small number of tickets left, get in quick before they sell out!

P.s. Do you have a product or service that might make a good item to be auctioned at the event? If so, please let us know - we'd love to chat.



Fundraising Gala Dinner 2023

\$265.00

Buy

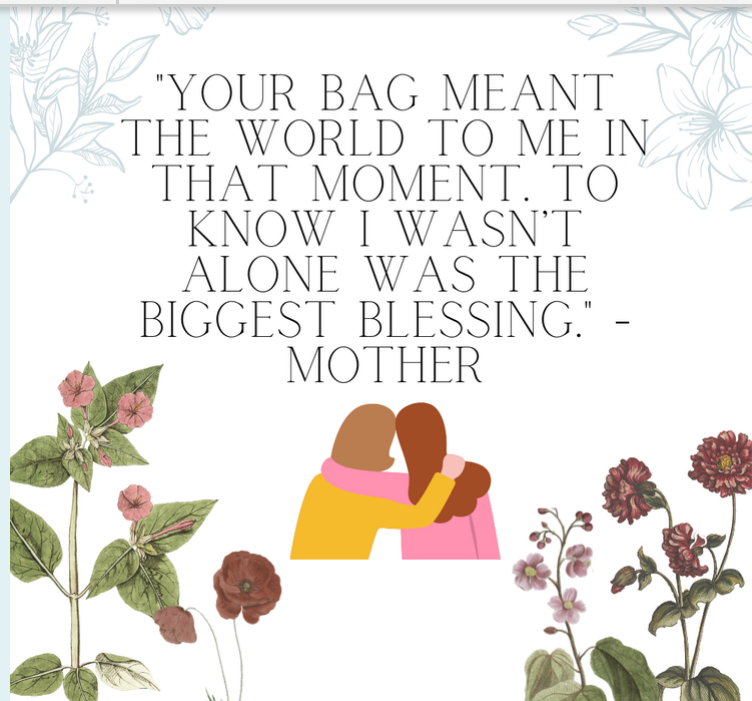
Feedback from the heart

"14 weeks ago me and my brand new baby were life flighted to Christchurch so he could have emergency surgery. Once settled and quiet, alone with my thoughts a beautiful NICU nurse came in and handed me a bag from one mother to another. We were flown up with no warning I was all alone with a brand new 12 hour old baby that was down in a theatre room while I was alone in a hospital room with my whole support team 9 hours away.

Your bag meant the world to me in that moment. To know I wasn't alone was the biggest blessing. Your note so thoughtfully hand written and every single thing so perfectly picked out it defiantly picked me up. I scoffed my face with chocolate biscuits and read magazines and aimlessly coloured to keep busy and thank god for shampoo because I forgot that in the madness of his start to life.

I'm a moment so scary and vulnerable I felt so wrapped in love.

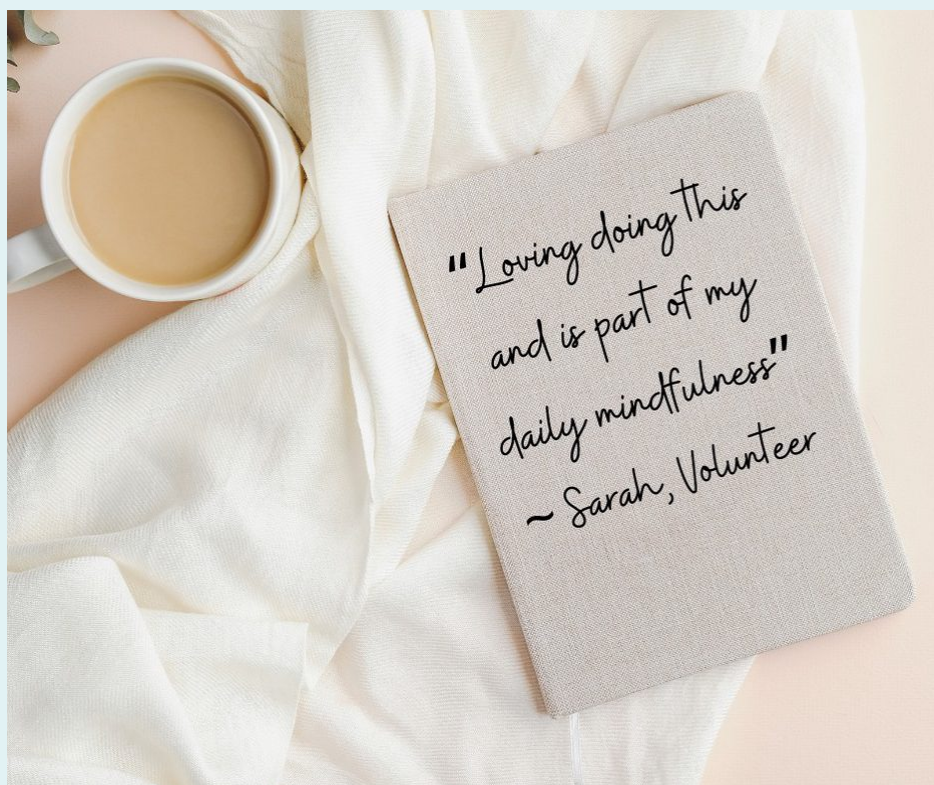
Thank you so much for what you do and now I've found your page we will definitely be supporting you guys." - mother



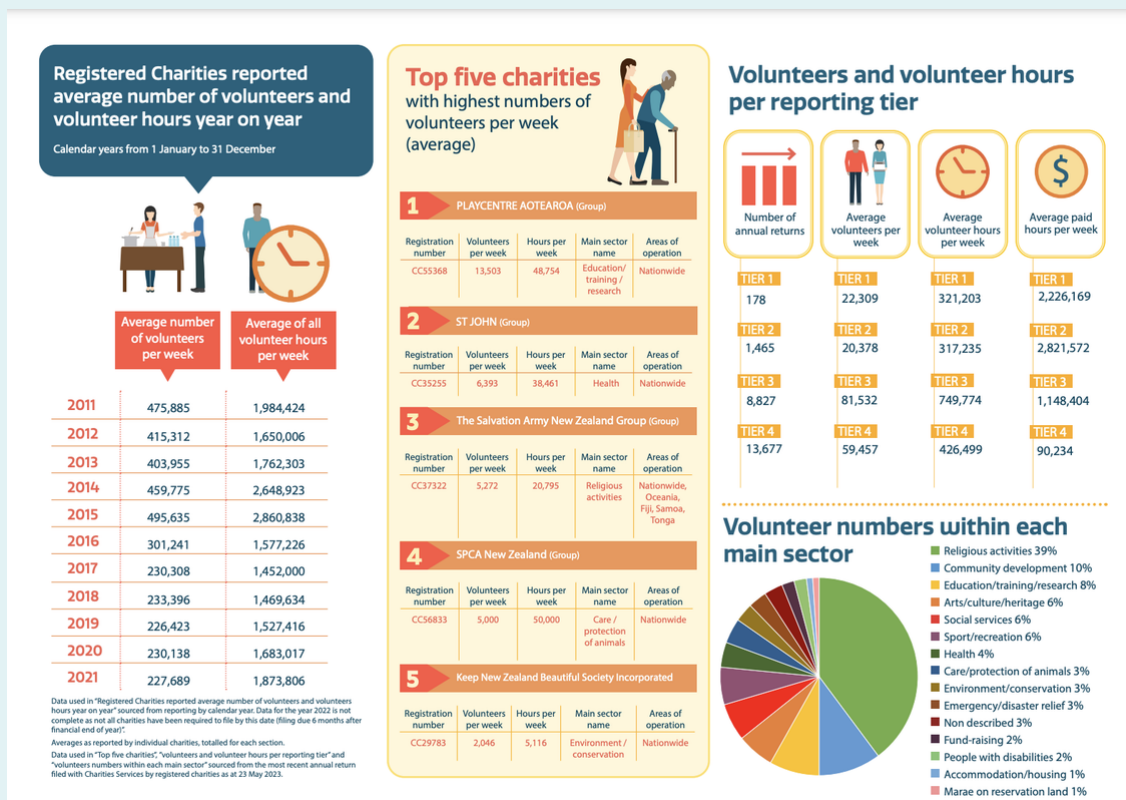
Volunteers

Last month we celebrated our amazing volunteers and we'd like to say thank you again to all of those who donate their time, energy, aroha and heart to helping others.

💛 For our volunteers its more than just writing some notes 💛



Below is a great infographic from the [Charities Commission](#) to show the how the commitment of volunteers throughout New Zealand make a difference.



Sponsor profile



The amazing Lucinda Diack and her team at **Latitude Magazine** are one of One Mother to Another's longest standing and most committed sponsors! Their magazine is included in thousands of our packs each year and we are so grateful for their support. Read on to find out more about their journey supporting One Mother to Another.

How long have you been supporting OMTA?

Latitude has been involved with OMTA since 2018.

Why have you been such a longstanding loyal sponsor?

We love our collaboration with OMTA and wish there was more we could do to help. Our passion at latitude is sharing the stories of interesting and inspiring Cantabrians, businesses and charities, wherever they are in the country or world. We are so grateful that people share their stories with us that we always aim to give back by in turn sharing our product with those who need it – in the case of OMTA, parents and caregivers in need.

With content that is designed to be timeless, we hope the magazine is enjoyed by caregivers for as long as they need. Our hope is that it doesn't just provide something to flick through in a quiet moment bedside; but that they find time for themselves once they are back home to dive deeper and find something in the pages that they connect with or inspires them.

What is it about OMTA that resonates with you and your business?

We love hearing from caregivers who have been given a OMTA pack with a latitude in it – and have even had a few people subscribe as a result. As a parent to young children I can appreciate the fear and the helplessness that comes with having a child who is unwell and knowing we have been part of something that brings a moment of joy to someone, in what is a scary and dark time, is what drives us to continue to support OMTA.

Knowing you are not alone is such a powerful validation of emotion. Joy and the team do an incredible job of reaching parents and caregivers who are experiencing that sense of isolation, and being part of it, in even the smallest way, is something we are really proud of.

What inspires One Mother to Another

Did you know 1 in 10 babies born in NZ spend time in a neonatal unit?

While the baby is well cared for, who looks after caregiver?



Our aim is to provide comfort, encouragement and support to families (particularly mothers) in what can be a very vulnerable and distressing time. We want to put a smile on their face, let them know someone is thinking of them and bring connection and empowerment in a moment of crisis which we hope will last a lifetime 🧡 .

That's what inspires One Mother to Another.

Every mother in the neonatal wards/ special baby care units in Christchurch, Dunedin, Nelson, Invercargill and Blenheim receive one of our care packages.

Although we have a focus on supporting women and mothers/ female care-givers, our care packs go to anyone who might be needing some extra support and love while looking after a child in hospital. With this in mind we are excited to be able to trial some specific males focused care packages in some of the wards we support. Don't they look great!! We really want to make these a regular part of our future.

P.s. We are also in the process of creating some amazing Father's Day packs (over 150 of these!) to send out in September.



Current needs

One Mother to Another is always keen to chat to anyone who might help us provide the following:

- Auction items for our fundraising gala dinner live auction
- Mints
- Lip balms
- Pens
- Beauty products/ jewellery
- Men's products



Our latest care packages were full of goodies. Thank you to all our generous sponsors, we couldn't do it without you. Our suppliers include: Original Foods, Latitude Magazine, Mindfood Magazine, Arnotts, Cookie Time, Warren Agencies, Maggi, Uncle Tobys, Starbucks, Staedtler, L'Oreal, Nestlé, 180 Degrees, Goodness, Linden Leaves, Essano, NESCAFÉ, Whittakers, Dilmah, Dignity, Over the Ditch, Glow Lab, Small Babies, and Office Max.

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