

[Test] One Mother to Another's April update

One Mother to Another <info@onemothertoanother.org.nz>
Reply-To: us14-1eca0605cc-dd29860a63@inbound.mailchimp.com
To: natalie@onemothertoanother.org.nz

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April 2022 update

Tēnā koe e hoa – Welcome to our April newsletter.

As I reflect on the past year, it seems surreal to think that 12 months ago I was in hospital with my youngest child Annabelle who had health concerns for her first few months of life. She's now a happy bubbly delightful 1 year old who charms our family (see below) and it's amazing to think how far she has come. It's also amazing to think how far One Mother to Another has come since then as out of that experience One Mother to Another has expanded into more wards and is now supporting more families than ever before. A definite silver lining to that cloud.

We have already delivered **1078 packs** in 2022 and the feedback from the hospitals is that they have been needed more than ever.

As Covid has ripped through the community, it's meant some families have had to be separated from their babies in hospital. We can't even imagine how difficult it must be when your sick newborn is in hospital but you're unable to cuddle and visit them until you've recovered from the virus at home. It makes an already stressful time so much more heartbreaking. For other mothers and carers who have been able to be at their child's bedside, the Covid precautions have meant tight visitor restrictions so families have been unable to easily support each other. We know our care packages don't resolve this but they do help and have been welcomed more than ever when the loneliness and stress have been at an all time high. We count it a true privilege to have been able to come alongside so many families during these unprecedented times.



With the growing need for One Mother to Another's services, we've welcomed two new amazing members to our team. Natalie and Catherine both know how difficult it is to have a child in hospital and are hugely passionate about seeing One Mother to Another flourish. I'm so excited to welcome them, their ideas and their energy on board.

And finally, a wee public service announcement ... Don't forget Mother's Day is coming up. Spare a thought for the mothers who will be in hospital that day! We're making some extra special care packages for them (you can help us by donating one if you'd like) or if you haven't yet got a gift for the special mother figure in your life - we have you sorted (scroll down).

Read on to hear our news and thanks so much for your interest and support.

Noho ora mai

Joy

Joy Reid, Chief Executive & Co-Founder of One Mother to Another

Lisa's Story



We love hearing from people who have received our care packages... This is Lisa's story.

"I arrived in Christchurch Hospital with our 4 year old only child. Sophie had been airlifted from Invercargill Hospital after keyhole surgery for Appendicitis which once they were in surgery, discovered it was not.

Arriving in Christchurch Hospital after a big day of flying from one hospital to another, one of the beautiful Nurses in Ward B7 gave me a package from you.

This is where I choke up, the kindness of you wonderful humans at a time when I was so vulnerable is a moment in time I will never forget. I cannot put into words how grateful I am for your beautiful package, what an impact it had on me and how I will remember your beautiful thoughtfulness forever

It makes me well up typing this – was a very tender moment that sometimes when you're caught up in the thick of it all – that message may not get back to you beautiful people. So thank you, from the bottom of my heart, and from all those Mumma's that haven't had a chance to say thank you too.

Thanks again, to you, and our team. Lisa, Callum and Sophie xxx

P.S. Sophie is back to her amazing resilient self and has just started school."



Mother's Day

Mother's Day is coming up on the Sunday 8th May and we have some lovely gift ideas for a special mother figure in your life.

If you purchase our [EATS cookbook](#), you'll receive an extra special gift of a hand cream and an eye cream with purchase (valued at \$55)! What a score!! 100% of the profits go to supporting One Mother to Another.

You can also donate to our Mother's Day campaign which will help us give away 150 special Mother's Day Care packages to the mother figures in the hospital wards we support on Mother's day. We want to spoil them as they're being an amazing mother and taking care of their sick child instead of receiving breakfast in bed!

Check out our [website](#) to purchase.



Buy Cookbook

Our Volunteers



Meet some of our amazing volunteers, Lynda and Peter.

One Mother to Another is made possible thanks to the amazing generosity of so many people's time. (In fact some months up to 100 people are involved in making One Mother to Another happen!).

Lynda worked for more than two decades in the Children's Acute Assessment Unit. She was in the ward as our first care packages were given to mothers in 2016. Now

that she's retired, her and her husband come to every packing day. They bring a smile, energy and are true champions of the cause as they've seen the difference the gift bags make!

We are so grateful for the hours they pour into One Mother to Another.

Ngā mihi nui Lynda and Peter

News & Media

Co-founder and Chief Executive Joy Reid did an interview with Chris Lynch recently where she shares the story of One Mother to Another and the impact it has on so many lives. Have a watch.



Introducing...

One Mother to Another is going from strength to strength and thanks to our new funding partners we have been able to grow our team to support Joy to organise and run One Mother to Another.

Meet mother of two and project coordinator, Natalie.

"I found out about One Mother to Another when I was gifted the amazing EATS cookbook. I was humbled by the work being done and it has been such a privilege to support One Mother to Another, initially as a volunteer and now as project coordinator,

as they continue to grow and expand their reach. I have a background working in the NGO sector and have spent a decade working both here and abroad. My family and I moved to Christchurch three years ago and we have enjoyed getting to know the lovely people in this city. I have two kids (one that has spent some time in the hospital system) and love being able to support Joy, Catherine and the amazing work of One Mother to Another”



Meet mother of two and administration support, Catherine.

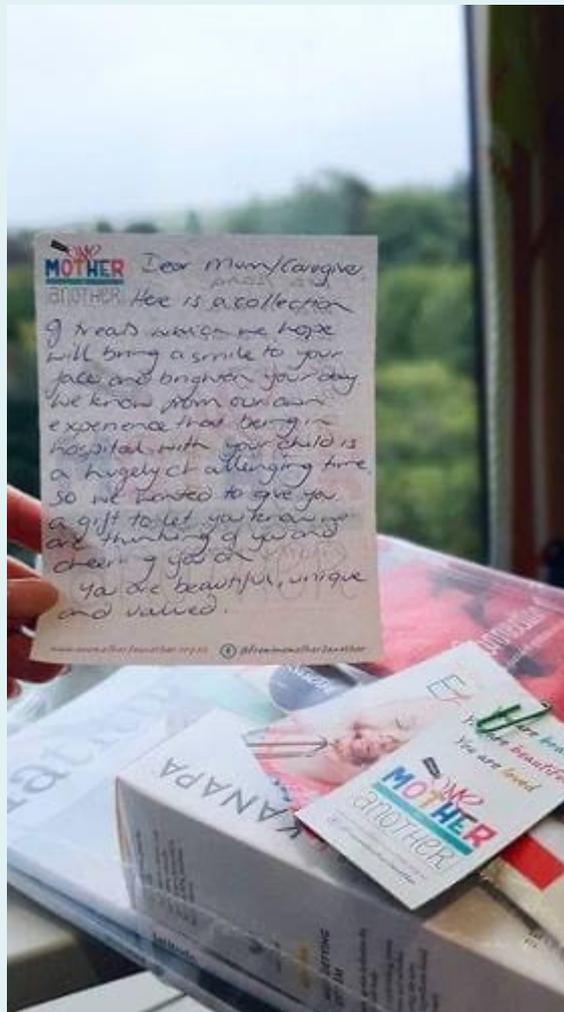
“After my son had a 10 day stay in NICU and my daughter a stay in the CAA Unit I knew I needed to do more for those parents that found themselves in those same positions. I volunteered with One Mother to Another for 2 years by attending packing days, writing notes and crocheting hearts and am now joining the team to help with administration tasks. I have had 10 years experience working within the retail sector as an administrator on multiple levels. It is such a privilege to join Joy, Natalie and work with our amazing team of volunteers at One Mother to Another.”



Thank you

Our latest care packs were full of goodies. Thank you to all our generous sponsors, we couldn't do it without you. Our March/April pack suppliers include: [Latitude Magazine](#), [Mindfood Magazine](#), [Goodness](#), Linden Leaves, Essano, By Nature, Whittakers, [Arnotts](#), [Dilmah](#), NESCAFÉ, [Dignity](#), [Original Foods](#), [Earthwise](#), [Xtend Life](#), [180 Degrees](#) & [Small Babies](#).

A huge thank you also goes out to the [Tindall Foundation](#) who have recently come on board to support One Mother to Another.



You are now able to support One Mother to Another by becoming a regular or one-off donor. Click the button below to find out more!

Donate

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www.onemothertoanother.org.nz

info@onemothertoanother.org.nz

33 Tainui Street, Somerfield, Christchurch, 8024

Charities Commission 54580

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